

Reduce stress – strengthen your health!

Do you need
a consultation
immediately?

Easy, and
without an appointment:
+41 (0)848 270 270



You want to improve your health and well-being and don't know how to go about it?

Let professionals support you.

We are here for you.

MOVIS
for work and life

Here you can find professional support:

External point of contact with confidential counselling: +41 848 270 270

Or get in touch online: **www.movis24.ch**

You can reach us 24 hours a day, 7 days a week.

Scan the QR code to get more information.