



WORK & CARE

# Work & Care Balance



for work and life

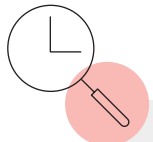
## PROFESSIONAL

# Our Services



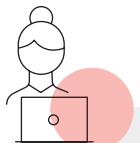
## PREVENTION

- Employee counselling related to the stress of care situations
- Raising awareness with subject input, specialist articles, information material and posters (order them using the QR code)



## EARLY DETECTION

- Case analyses in the context of care situations and action planning in case of stress
- Training and specialist counselling on psychosocial risk factors
- Management tools to support employees under stress



## INTEGRATION

- Supporting the action plan in agreements
- Tailored approaches in care situations

## PROFITABLE

# Your Benefits

### Employee satisfaction

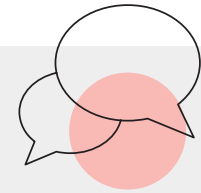
- Motivated and committed employees
- Lower staff turnover
- Win-win situation for employer and employees

### Economic benefit

- Lower costs related to absences and illness
- Higher performance and sales
- Lower insurance premiums

### Sustainable solutions

- Early detection of situations that pose a risk to health
- Effective support for employees under stress
- Good working atmosphere through fair arrangements



## Any Questions?

We are glad to assist you in developing health promoting solutions for your company.

Please feel free to contact us for further information:

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# Movis promotes the healthy and positive organisation of working and living environments.

Movis is a specialised counselling firm with decades of expertise in occupational health management. With our wide range of services, we support companies, management, HR and employees in the areas of prevention, early detection and integration.



## Prevention

Strengthen health through preparedness



## Early detection

Identify and avoid psychosocial risks, activate resources



## Integration

Early intervention, avoid disability



More and more employees are taking on support and care tasks in their private lives. A challenge that should not be underestimated. Those affected often push themselves beyond their limits and end up ill themselves. Movis would like to contribute to your employees' success in balancing work and care by offering these services.